

Help Your Child with Focus and Independence During Remote Learning!



When students are in the classroom, they access many different environmental elements to help them remember content and get past a variety of roadblocks on their own. Things like nametags, charts, daily schedules, posters and more help them to navigate through their day. In the remote setting, we can recreate this strategy using a study carrel.

Study Carrels Can...

- Minimize distractions and advertise to others that the student is working.
- Provide cues to help students access information that they need assistance to remember.
- Foster independence and problem-solving skills.
- Give a student ownership over their workspace.

Possible Tools on a Study Carrel are...

Letter Sounds
Sound Blends
Vowel Sounds
The Writing Process
How to Stretch a Sentence
Paragraph Writing
Word Bank
Editing Checklist
Feelings Check-in
Emotional Regulation Tools
Daily Schedule
To Do List
A Sticker Chart
Checklist
Work Completion Tips
Analog Clocks

Parts of Speech
How to cite a source
A number line
100's Chart
Multiplication Chart
Fraction Comparison Chart
And More...

Here are the steps to making your own study carrel at home:



Purchase Supplies

You have options here, but you need a tri-fold cardboard surface that is sturdy enough to stand on its own. There are tutorials on how to use a cardboard box, however we recommend getting a presentation board (Dollar Tree) and cutting it in half. You will also need plastic sleeves and an adhesive.



Prioritize Space

Our suggestion here is to think about the top three things that your child asks you to help them with. Then, look for learning tools that support those specific skills. Try not to overwhelm the board with tools. The more cluttered the carrel is, the less meaningful and accessible the information will become to your child.



Include Your Child

Students are generally very aware of the things they need help with. Ask your child what they want included on their carrel. Encourage them to help with the design, decorations and placement of tools. The more they own it, the more they will use it. Find a place in your space dedicated to study.



Assemble

The reason we suggest plastic sleeves here is because that will allow you to switch out materials as your child grows and changes. This is a strategy that is appropriate for many grade levels if the reference materials are updated as needed.

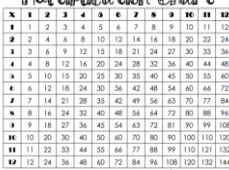
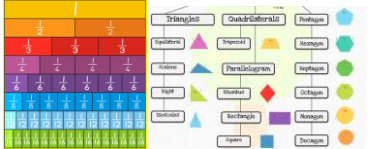



Help Form the Habit


Even with this tool, your child's first instinct will likely still be to ask you for help. Remember that the carrel is the new "plan." When they ask you for help, be ready to prompt them with phrases like "where can you look?" or "check your study tools."

Here is a suggestion for a balanced study carrel:

Left: Math Charts

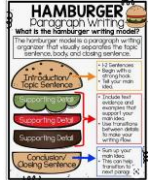






Middle: Emotional Regulation & Daily Schedule



Space for Laptop

Right: Literacy Charts



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